

Using tools and static machines

- Use the right tool/ machine for the right job and have the right training
- Check tools and machines before use.
- Wear the right Personal Protective Equipment PPE.
- Use the safety controls.



Using electricity and electric tools

- Check tools, cables, plugs and sockets before use.
- Keep cables above head height.
- Keep cables and electric tools away from water.
- Turn off power when checking or adjusting tools.



Working in excavations and earthworks

- Stop work if you find anything buried.
- Only get into an excavation if it has been inspected.
- Get out of an excavation if you feel dizzy, unwell, or see cracks or movement.
- Put barriers, signs and lights around excavations.
- Pump water out of excavations before you get in.



Working at height

- Check there are barriers anywhere where you could fall from.
- Use stairs or secure ladders,
- Wear a harness and clip the lanyard onto a secure point.
- Keep people out of the area below.



Working on or next to a road

- Wear high visibility clothes.
- Make sure works can be seen easily by road users.
- Stay inside the barriers.
- Keep the road and footway clear.



Working over or near water

- Follow the rules for working at height.
- Wear a life jacket or vest or personal flotation device.
- Have a throw line, rope, ring buoy or life ring available to rescue anyone who falls in.
- Don't put any pollutants in or near water.



Key things to remember

Before you start work



- Follow instructions.
- Wear Personal Protective Equipment PPE.
- Only do tasks you are trained to do.
- Report concerns about safety or the environment – stop work until it's fixed.
- If you are unsure ask.

Avoiding hazards and risks



- Look out for hazards.
- Keep site clean and tidy.
- Avoid dangerous areas and activities.
- Minimize noise, dust and fumes.
- Look after wildlife.

Staying healthy



- Drink water, eat, rest and wash regularly.
- Protect yourself from things that can make you ill.
- Stop pests and diseases from spreading.

Keeping the community safe



- Keep the community off site.
- Protect the community from hazards.
Tell your supervisor about queries or complaints from the community.

Respecting yourself and others



- Treat everyone equally, fairly and respectfully.
- Violent, sexual or forceful behavior is not tolerated.
- Report concerns without fear of retaliation.

Dealing with incidents



- Know where the Emergency Contacts List is.
- Know where the incident response equipment is.
- Know where the assembly point is.
- Stop work, Control the incident, Notify your Supervisor.

Using fuels, oils, chemicals and materials



- Handle fuels, oils, chemicals and materials carefully.
- Wear extra Personal Protective Equipment PPE.
- Don't spill or pour liquids onto the ground or into water or drains

Reusing, recycling and disposing of waste



- Reduce, reuse, recycle.
- Keep different types of waste separate.
- Put waste in the waste storage area.
- Only work with hazardous waste if you are specially trained and have the right Personal Protective Equipment PPE.

Lifting by hand



- Think how you will lift the load.
- Get help if it's unsafe to lift on your own.
- Bend your knees and move smoothly.

Staying in worker accommodation



- Keep it clean and tidy.
- Be considerate.
- Know your rights.